

CYO FOOTBALL

Rookie Tackle

Bridges the gap between Flag Football and Tackle Football

Aligns with the United States Olympic Committee's American Development Model (ADM)

Focused on fundamental skill development

7 Players on the field for each team

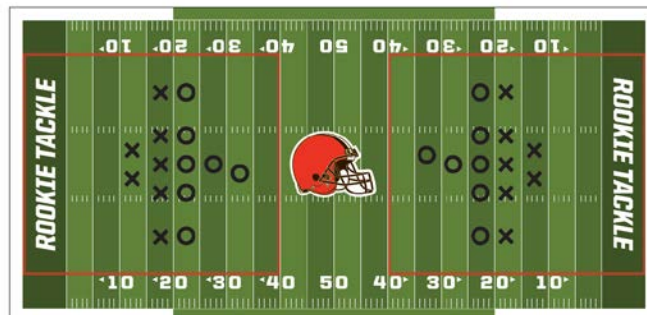
Smaller Field

No Blitzing

No Special Teams

Position Rotation Encouraged

Game rules align with ADM Model



ENDORSED BY:

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Dr. Bill Aerni, CYO Football Coach
Sts. Joseph and John's

Darrell Taylor, Youth Football Manager
Cleveland Browns

Andy Natale, CYO Coach and Hall of Fame

Chuck Kyle, Head Football Coach

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