

CYO FOOTBALL

Rookie Tackle

Bridges the gap between Flag Football and Tackle Football

Aligns with the United States Olympic Committee's American Development Model (ADM)

Focused on fundamental skill development

7 Players on the field for each team

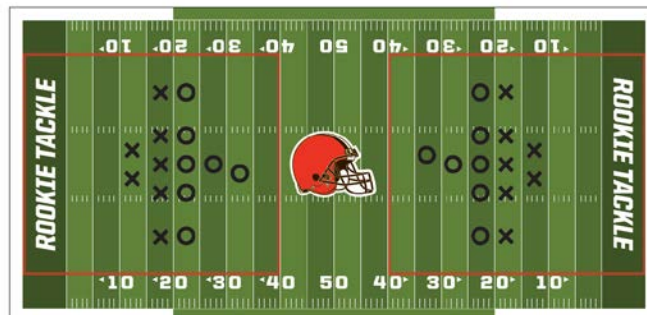
Smaller Field

No Blitzing

No Special Teams

Position Rotation Encouraged

Game rules align with ADM Model



ENDORSED BY:

Joseph Congeni, Medical Director of Sports
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Dr. Bill Aerni, CYO Football Coach
Sts. Joseph and John's

Darrell Taylor, Youth Football Manager
Cleveland Browns

Andy Natale, CYO Coach and Hall of Famer

Chuck Kyle, Head Football Coach

Rory Fitzpatrick, Athletic Director